



March, 2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|-----------|--|
| 2 9:30-10:10 – Chairs 10:20-11:00 – Pole Walking 10:20-11:05 – Aquacise 11:30-12:30 – Hot Dog Day 50/50 Draw | 3 Grandma and Grandpa Swim Program | 4 9:30 – 10:10 – Chairs 10:15 – 11:00 – Strength and Stretch 10:20 – 11:05 – Aquacise 10:45 – 12:45 – Art Class | 5 | 6 9:30 – 10:10 – Mats 10:20 – 11:05 - Aquacise |
| 9 9:30-10:10 – Chairs 10:20-11:00 – Pole Walking 10:20-11:05 – Aquacise | 10 Grandma and Grandpa Swim Program | 11 9:30 – 10:10 – Chairs 10:15 – 11:00 – Strength and Stretch 10:20 – 11:05 – Aquacise 10:45 – 12:45 -Art Class | 12 | 13 9:30 – 10:10 – Mats 10:20 – 11:05 - Aquacise |
| 16 | 17 | 18 | 19 | 20 |
| 23 | 24 | 25 | 26 | 27 |
| 30 | 31 | | | |

Spring Session Begins Wednesday, April 8th